## **CTSO Leader Training - 2019 - Evaluation**

Your help is needed in providing vital feedback on your experience today. Please take a moment to complete this survey by indicating whether your knowledge has changed as a result of your experience.

As a result of participating in this workshop, please rate the following areas of impact by placing an "X" in the appropriate box.

Statements	Totally	Agree	Stayed the	Disagree	Totally
	Agree		Same		Disagree
The activities we did today will help me be a better leader.	1	31	1		
I was able to practice & improve skills needed to be a good leader.	10	19	4		
I gained new knowledge about how to be a good leader.	10	21	2		
I am more confident in my abilities as a leader.	10	12	11		

(26 surveys from 30 participants)

## Share something you learned today.

Speak up or meet new people and how to make conversations

To be more confident in yourself

Letting one person be the leader is necessary sometimes

People like to assume the negative

I learned how to share ideas with a large group to find one answer

Not everyone in a group can be a leader

I learned how to turn something negative into something positive

I learned about how important it is for there to be different people and personalities in groups

I learned that I have gotten a little more comfortable in large crowds

Everybody is somewhat insecure about being a leader

I learned that to be a leader you also have to a follower (listener)

I learned to speak up more when you have an idea/suggestion because it is valid

I learned that there can be more than one leader in a group, they just have to know the time and place to talk

I learned a leader is someone who steps up to the plate and helps others in need and it doesn't have to be just one person

Today, I learned the importance of utilizing every member and a group's ability. I learned that I need to be better at stepping out of my comfort zone on my own accord

How to be a better leader and how to step out of my comfort zone

I learned how to look at something that could be considered a weakness and turn it into a strength

Different ways to lead and support

How to talk to everyone and anyone

I learned how to lead better in a group setting and what my role was in a large group

I learned to listen to others before I talk

I learned that sometimes it's good to have one person do the talking or something the group

I learned today that communicating with people in any way can help increase productivity in an environment. People coming together can help one another become better. Becoming better to make better choices for yourself in the

future. The future for us kids is a long road and we need to be prepared for whatever life throws at us

I learned that in a facility of leaders I am more laid back and don't fight for the group's attention like I usually do

I learned how to step up and speak when I had an idea

I learned that it's okay to share your strengths

I learned that leaders take turns based on their skills

I learned that my strengths can be used in certain situations and not in others

How to take charge of an activity

Many ways to help lead a group in conversations as well as in activities

I learned that even though one is less vocal doesn't make them any less of a leader than a very vocal person

You should allow space for others to speak in large group discussions

I learned that your voice does matter and by sharing with others will make you more confident Even the smallest things matter

## The most important thing I gained from attending today's workshop is...

Talking and working with people I don't know

Being a little more confident in my quality

Communication is key

I learned about my fellow officers

How to talk to people I don't know

Met other like-minded people and gained an understanding of other ways of leading

Personally, being able to open up and talk to new people without being a wall flower

Communication is the most important thing for any group size

The most important thing I gained today is how to speak up

Meeting new people, communication is key

We are all insecure but together we can reach a lot of success

New friends to talk to at Stafford

To ask the follow up questions. These can be for reassurance and to make sure everyone is on board

There is a lot of teamwork in today's world

A greater ability to step up and lead when not prompted to

How to step out of my comfort zone and be a leader

How to set SMART goals

Every little thing helps

How important it is to be a leader

That each and every single person has their own role in how they work in a group, without each role, work wouldn't get done

Orderly communication is important

How to become a better leader

Today's workshop helped remind me there's more than just us. There are more people in our life that can help. You don't have to do anything alone.

How to be a kind leader and when to step up and how to step up

How to communicate better without speaking

Communicating with different people

How communication makes a difference

Something I may see as a weakness can be a strength

Team building knowledge

Confidence in my leadership abilities

The confidence in myself as a leader even though I am quiet

That I should have faith and trust in my skills and abilities

To speak out and make new friends

Knowledge of others, Names, Etc.

## Looking at the LifeSkill Wheel on the back page identify <u>three</u> (3) life skills that you feel today's workshop helped improve and explain why.

Keeping Records—Take notes about what you are looking for; Decision Making—Making a decision to what to share; Teamwork—Got to work together when you don't know the person

Leadership—We had to work together to lead; Teamwork—To solve issues; Social Skills—Use our social skills

Teamwork—Sharing ideas is important; Problem Solving—Sometimes one person needs to make an executive decision; Stress Management—Don't worry about what isn't your problem

Stress Management—Baggage; Communication—People = Power; Marketable Skills—Money drives the world

Teamwork—Had to work with others to get the fastest time for "race car"; Self Responsibility—Had to share hint with others for a larger goal; Communication—Had to work together to undo knot

Keeping Records; Planning/Organizing; Critical Thinking

Teamwork—Was used to untangle the rope in a big knot; Problem Solving—Was used to solve the murder mystery; Communication—Was used along with teamwork for all of the activities we did

Social Skills—Helped work on speaking a big group; Teamwork—Couldn't do a lot of things without helping each other; Leadership—It's important to have one in groups

Cooperation; Teamwork; and Character

Cooperation—Everyone needs to be engaged; Teamwork—Everyone needs to work together; Sharing—Everyone's voice is important

Social Skills—I don't usually communicate with as many new people

Problem Solving, Sharing, Teamwork—We worked together as a group/team to solve problems while sharing our ideas

Teamwork—Everyone worked together and gave input when needed

Problem Solving, Teamwork, Leadership—Every activity we did helped me realize what it is I can do to help out with everyday situations

Resiliency—The cup and ping pong game was very difficult, but we kept trying; Problem Solving—The rope activity required careful reasoning to accomplish the goal; Goal Setting—I learned that I need to set SMART goals

Leadership—How to stand up and take leadership; Communication—We had to talk to get things done; Teamwork—We had to work together and be a team which made the goal easy

Cooperation—I learned how to utilize my strengths to contribute to the group; Communication—I learned how to be clear and concise in communication; Goal Setting—How to set obtainable goals

Leadership, Social Skills, Problem Solving—I chose these three because of the activities and how we worked together

Social Skills; Teamwork; Sharing

Sharing—It is important to share with the group because a lot of good ideas can come out of that; Leadership—Every crowd needs a leader who can take care of the group; Teamwork—Makes the dream work

Teamwork—I worked in a team and bonded; Social Skills—I talked to people I didn't know; Communication—I learned how to listen

Communication—Working on this helps remind me that I don't have to do a lot alone; Teamwork—Helps make a better environment for one another; Cooperation—Is needed to help people get better and help each other get ready for the future

Social Skills; Problem Solving; Self-Motivation—I definitely needed to improve on self-motivation, but with a group of people doing the same thing I felt more accepted.

Communication—Murder Mystery; Leadership—Taking charge in the murder mystery; Cooperation—Doing what I was told to in the rope activity

Leadership—I learned how to improve; Cooperation—I learned how to cooperate with people I don't see every day; Communication—Better

Communication—A lot of today was about talking problems out; Learning to Learn—A lot of the time today I had to listen to others to learn more about the main problem; Character—People reacted differently to each task based on character

Communication—We had to talk to everyone to solve problems in huge groups; Teamwork—The cup challenge was hard to reach, but we still worked together; Goal Setting—Learning about SMART goals

Conflict Resolution; Teamwork; Problem Solving—I'm not always good at working a group unless I am in charge. So not being in charge of these activities was helpful

Communication—My communication was improved when I was selected as one of the leaders of the 2<sup>nd</sup> phase of the rope activity; Problem Solving—My problem solving was improved when we solved the murder mystery; Teamwork—My teamwork improved when I had to work with my group in the first phase of the rope activity

Leadership—A lot of practice both verbal and not to be a good leader; Teamwork—Effective ways to work together, improving team relationships; Character—Really got my brain working to think about who I really am

Goal Setting—SMART Goals aren't something I knew about before today; Teamwork—I helped lead a discussion and learned about my faults; Problem Solving—The cup and bandana activity was frustrating but helpful

Sharing—Sharing thoughts with others; Teamwork—Working together was helpful; Self-Motivation—Gaining self confidence

Public Speaking—Did lots of it; Leadership—Did that too; Keeping Records—Did that in Murder Mystery

